

Breakfast \$1.00
 Lunch \$1.75
 Visitors \$3.25

Baldwin County Public Schools
 Elementary (PreK-6) Lunch Menu
 October 2009

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
National School Lunch Week: October 12-16 Theme "All-Star Lunch" www.schoolnutrition.org/nslw			1 Spaghetti w/beef Whole Wheat Roll Garden Salad Fruit Milk	2 Cheese Pizza Kernel Corn Fruit Fruit Freeze Milk
5 Grilled Chicken Sandwich Baked Chips Peas and Carrots Fruit Milk	6 Red Beans and Rice Steamed Vegetables Fruit Cornbread Milk	7 Steak Nuggets Green Beans Whole Grain Biscuit Fruit Milk	8 Chicken Fajita Salad w/tortilla chips (or chicken fajita wrap – no chips) Salsa/Sour Cream Pinto Beans Fruit Cookie Milk	9 Hamburger on Bun French Fries Raw Veggies w/ranch Fruit Milk
12 Pizza Steamed Broccoli w/cheese Fruit Brownie Milk National	13 Cheese Quesadilla Mexican Corn Apple Milk School	14 Turkey and Cheese on Wheat Raw Veggies w/ranch Fruit Sunchips Milk Lunch	15 Chicken Pasta Whole Wheat Roll Green Beans Fruit Salad Milk Week	16 Breaded Steak Brown Rice/Biscuit Lima Beans Fruit Milk 2009
19 FALL BREAK	20 FALL BREAK	21 Max x Cheese Sticks w/marinara Green Peas Fruit Yogurt Milk	22 Chili w/beef Cheese Toast Corn Fruit Milk	23 Corndog Baked Beans Fruit Banana Pudding Milk
26 Chicken Nuggets Whole Wheat Roll Green Beans Fruit Milk	27 Soft Taco Raw Veggies w/ranch Fruit Animal Crackers Milk	28 Cheesy Chicken Brown Rice Steamed Carrots Fruit Milk	29 Sloppy Jo on Bun Potato Tots or Wedges Italian Blend Veggies Fruit Milk	30 Pizza Garden Salad Fruit Peach Cobbler Milk

This institution is an equal opportunity provider.
 Menu subject to change.